



## Short Safety Subject

Short Safety Subjects are provided by the Public Safety Business Center, Fort Bragg, NC. Our intent is to provide safety topics for the purpose of increasing safety awareness and improving safety performance. Additional Short Safety Subjects are available on the PSBC Business Management Web Site at:

[www.bragg.army.mil/psbc-bm/PubsAndForms/ShortSafetySubjects.htm](http://www.bragg.army.mil/psbc-bm/PubsAndForms/ShortSafetySubjects.htm)

### Christmas Holiday Safety

The National Safety Council (NSC) predicts that 381 people will live to enjoy the Christmas holiday because they took a few seconds to buckle their safety belts before starting out on trips to visit relatives or to shop. The sad news is that an estimated 522 people may die in traffic crashes over the Christmas holiday period. Of these 522 victims, 141 will not be wearing seat belts.



Seat belt use has risen dramatically in the past few decades, and thousands of lives have been saved as a result. Not everyone buckles up, though, and the excuses seem absurd in the face of these statistics. Seat belts save lives and help prevent serious, disabling injuries. Nonfatal disabling injuries are estimated to climb to 27,700 over the Christmas holiday period.

Besides wearing your seat belt, there are other things you can do to ensure safe and happy holiday travel. Make sure all children are placed in the back seat in age-appropriate safety seats, leave early for your destination to avoid frustration and speed-related collisions in case of heavy holiday traffic or inclement weather, and don't let drinking and driving wreck your holiday celebration. Even moderate consumption of wine or beer impairs a driver's ability to make the proper decisions on the road.

**Have A Safe And Happy Holiday**