

green living CHALLENGE 2011

INSTRUCTIONS FOR PARTICIPANTS

WELCOME TO THE GREEN LIVING CHALLENGE! TO PARTICIPATE, PLEASE FOLLOW THESE SIMPLE STEPS:

1. Obtain a Green Living Challenge Success Kit. The kits are available at the commencement event on June 1 from 10 AM to 2 PM at the North Main Exchange or South Main Exchange, at www.facebook.com/sustainablefortbragg, www.bragg.army.mil/emb.aspx or at www.fortbraggmwr.com. Kits may also be obtained by visiting Environmental Management in Building 3-1137 off Reilly Road in front of the Recycling Center (on the bookcase in the main hallway) and at DFMWR Headquarters (ask for Melinda Harrington).
2. Review the Green Living Challenge checklist. Then, choose sustainable initiatives from the checklist to implement in your daily routine. You may choose as many or as few as you like. Hint: the more initiatives you implement, the better your chances of winning. When you complete an initiative, check it off. Be sure to complete the personal information at the bottom of page 2 on the checklist.
3. For each initiative you implement, keep a journal detailing: 1) why you chose to implement that initiative, 2) how you implemented that initiative, 3) the results you achieved, and 4) any other pertinent information you would like to include. Your journal may be handwritten or electronic.
4. For each initiative you implement, photograph the practice in action or provide some other documentation of your participation. For example, if you choose to attend a class or conference with an environmental focus (an option from Category E), provide copies of literature obtained at the event.
5. At the end of Green Living Challenge, turn in the following items: checklist, journal and photographs. Drop off boxes will be available at the customer service desks at the North Main Exchange and South Main Exchange, Environmental Management and DFMWR Headquarters during the week of July 4 through July 8. Or e-mail the documents and photographs to jonelle.k.thompson.ctr@us.army.mil. Please type Green Living Challenge in the subject line.
 - The contest period is June 1 through July 1, 2011. Sustainable initiatives must be implemented WITHIN the contest period - not prior to June 1 or after July 1.
 - All Green Living Challenge documentation must be turned in by July 8, 2011.
 - You may compete in the Green Living Challenge as an individual or as a family.
 - The individual or family that accumulates the most points as defined by the checklist with sufficient supporting documentation will be declared the winner of the Green Living Challenge by a panel of judges and will receive the grand prize. The winner will be selected by July 15. All participants will be entered into a drawing for a prize as well.
 - Questions? Call 910.396.3341 or 910.432.8476.



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RESOURCES AND TIPS FOR SUCCESS

- You can purchase environmentally preferred home care products or create your own home care products with common items! Some environmentally preferred brands include Mrs. Meyers, Method, Clorox GreenWorks and Seventh Generation. These products are available for purchase at post exchanges. To create your own products, follow the recipes on the Green Clean information sheet included in your kit.
- Find creative ways to reuse items. Materials such as plastic bottles make excellent bird feeders. Glass bottles can be repurposed to create flower vases. Reuse scrap paper to create pocket notebooks. Make hand puppets from paper bags, suncatchers from recycled CDs or napkin holders from toilet paper tubes. There are limitless possibilities! Visit www.recyclart.org, www.recycleforthearts.org, www.kinderart.com/recycle or simply search *recycled crafts* or *recycled art* for inspiration.
- Recycle with your community recycling program. If you live on post, contact your neighborhood center for recycling information. In Fayetteville, call 910.433.1329. In Spring Lake, call 910.436-0241. In other municipalities, contact your Waste Management office. Or if you do not have access to a community recycling program, turn in your recyclables to the Fort Bragg Recycling Center (910.396.5323/3372).
- If you choose to plant a garden or trees, choose native plants. See the Sustainably Simple Landscaping guide in your kit for ideas.
- You can reduce unnecessary mail by registering with www.41pounds.org or www.catalogchoice.org.
- Reduce storm water accumulation with the use of low impact designs. Use rain barrels to collect water and repurpose it for irrigation, car washing and other activities. Use permeable pavers or gravel instead of impervious surfaces. Plant a rain garden with native plants to collect the rain. Visit www.nrdc.org/water for information.
- Shopping for environmentally preferred products is simple! Many of these products may be purchased at post exchanges. See the AAFES Environmentally Friendly product inventory in your kit for details.
- If circumstances prevent planting a garden at your home or if you would like to be a part of a community garden, consider the Fayetteville Community Garden. Call Fayetteville/Cumberland Parks and Recreation at 910.433.1547 or Candace Williams at 910.483.9028 for information.
- Visit www.localharvest.org for information on farmers markets and community supported agriculture groups.
- Develop a ride sharing program at the office or a walking school bus program in your neighborhood. Visit www.erideshare.com or www.walkingschoolbus.org for information.
- Learn how to create a more fuel efficient vehicle with the information on the Green Machines information sheet in your kit or visit www.ncdot.gov/programs/drivegreen/.
- If you choose to use mass transit, use the Fort Bragg Sustainable Shuttle when traveling on post. The shuttle serves separate routes on the installation to connect major points of interest including barracks, Womack Army Medical Center, the Soldier Support Center, dining facilities and recreation facilities. Visit www.bragg.army.mil/ito for routes and schedules.
- To learn more about Sustainable Sandhills Community Action Teams, visit the organization internet site at www.sustainablesandhills.org.
- To learn more about classes and conferences with an environmental focus in the region, visit <http://web.eenorthcarolina.org/core/event/calendar.html>.
- If you need additional assistance in implementing sustainable practices, call 910.396.3341 or 910.432.8476. We will assist you in your endeavors or direct you to a subject matter expert. For even more ideas, visit www.nrdc.org/living.
- Implement sustainable practices at your own risk and only within the laws and regulations of your community or neighborhood. If you live in post housing and have concerns regarding the implementation of certain practices, contact Picerne Military Housing to determine the specific guidelines for your housing area. Fort Bragg is not responsible for the development, performance or results of individual sustainable practices.

