

green living CHALLENGE 2011

A. MAINTAIN A GREEN HOME AND GARDEN

- Use environmentally preferred home care products (5 points)
- Reduce, reuse and recycle (5 points)
- Create a piece of art or a functional item from recycled materials (5 points)
- Conserve water - limit shower time, reduce irrigation and other methods (5 points)
- Plant a tree or a container garden (5 points)
- Reduce unnecessary mail and receive electronic statements (10 points)
- Compost (10 points)
- Reduce storm water accumulation with low impact designs (20 points)
- Create a wildlife habitat - visit www.nwf.org/backyard (35 points)

TOTAL NUMBER OF POINTS IN CATEGORY A (100 POSSIBLE) _____

B. SHOP RESPONSIBLY

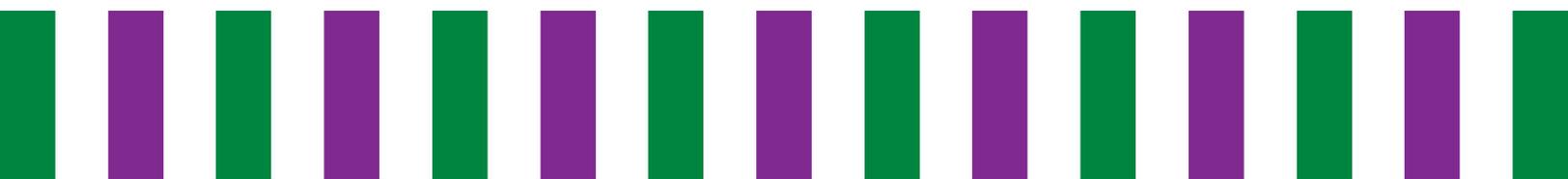
- Use reusable shopping bags (10 points)
- Use reusable coffee/tea cups and water bottles (10 points)
- Use a water filtration system instead of purchasing bottled water (10 points)
- Purchase certified fair trade and certified organic products (10 points)
- Purchase at least three products from the AAFES Environmentally Friendly shopping list (10 points)
- Shop a local farmers market (10 points)
- Buy used products from thrift shops, yard sales or auction instead of new items (10 points)
- Support locally owned restaurants and businesses (includes DFMWR facilities) (10 points)
- Join a Community Supported Agriculture (CSA) group or community garden (20 points)

TOTAL NUMBER OF POINTS IN CATEGORY B (100 POSSIBLE) _____

C. CONSERVE ENERGY

- Limit TV viewing, computer use and other electronic use (5 points)
- Reduce phantom load by unplugging electronics when not in use or using power strips (10 points)
- Change your light bulbs to compact fluorescent lights (CFLs) (10 points)
- Change your air filters every month (10 points)
- Set your thermostat to 72 degrees in the winter and 74 degrees in the summer (10 points)
- Purchase Energy Star appliances and electronics (20 points)
- Purchase NC Green Power at www.ncgreenpower.org (25 points)

TOTAL NUMBER OF POINTS IN CATEGORY C (100 POSSIBLE) _____



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D. REDUCE YOUR DEPENDENCE ON YOUR AUTOMOBILE

- Chain your trips (5 points)
- Shop online (5 points)
- Carpool (5 points X ____ times = ____)
(Maximum 30 points)
- Walk, bike or use mass transit to reach your destination (5 points X ____ times = ____)
(Maximum 30 points)
- Create a more fuel efficient vehicle (15 points)
- I do not own a car (15 points)

TOTAL NUMBER OF POINTS IN CATEGORY D (100 POSSIBLE) _____

E. GREEN YOUR COMMUNITY

- Become a fan of Sustainable Fort Bragg on facebook (5 points)
- Attend a Sustainable Sandhills Community Action Team event or meeting (10 points)
- Attend a class or conference with an environmental focus (10 points)
- Participate in a local conservation project (20 points)
- Organize a green living group or committee (20 points)
- Green your place of worship, office or school (35 points)

TOTAL NUMBER OF POINTS IN CATEGORY E (100 POSSIBLE) _____

CONTACT INFORMATION

NAME _____

EMAIL _____

ADDRESS _____

PHONE _____

