

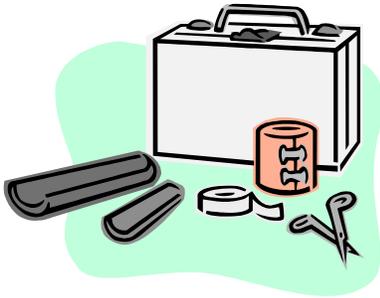


Short Safety Subject

Short Safety Subjects are provided by the Public Safety Business Center, Fort Bragg, NC. Our intent is to provide safety topics for the purpose of increasing safety awareness and improving safety performance. Additional Short Safety Subjects are available on the PSBC Business Management Web Site at:

www.bragg.army.mil/psbc-bm/PubsAndForms/ShortSafetySubjects.htm

First Aid Kit



Store your first aid supplies in a tool box or fishing tackle box so they will be easy to carry and protected from water. Inspect your kit regularly and keep it freshly stocked. NOTE: Important medical information and most prescriptions can be stored in the refrigerator, which also provides excellent protection from fires.

Drugs/Medications

- Hydrogen peroxide to wash and disinfect wounds
- Antibiotic ointment
- Individually wrapped alcohol swabs
- Aspirin and non-aspirin tablets
- Prescriptions and any long-term medications (keep these current)
- Diarrhea medicine
- Eye drops

Dressings

- Bandage strips
- Ace bandages
- Rolled gauze
- Cotton-tipped swabs
- Adhesive tape roll

Other First Aid Supplies

- First aid book
- Scissors
- Tweezers
- Thermometer
- Bar soap
- Tissues
- Sunscreen
- Paper cups
- Pocket knife
- Small plastic bags
- Safety pins
- Needle and thread
- Instant cold packs for sprains
- Sanitary napkins
- Splinting materials