

**INFORMATION UPDATE AGENCY BRIEFS
(AUGUST 26, 2004)**

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References to private organizations and their activities do not imply endorsement
by the U.S. Government, Department of Army, or Fort Bragg.**

NEXT INFO UPDATES:

SEPTEMBER - THURSDAY, SEPTEMBER 23, 9:00 A.M.

OCTOBER – THURSDAY, OCTOBER 28, 9:00 A.M.

1. Army Community Service – Cathy Mansfield, (910) 396-8160

E-Mail: <http://www.mansfielca@bragg.army.mil/>

Web Site: <http://www.bragg.army.mil/mwr/COMMUNITY/ACS/Default.htm>

7 Habits or Highly Effective Families Workshop. This workshop, based on the #1 best-selling books by Dr. Stephen Covey, is available at ACS. The next workshop will be held on September 17 from 8:00 a.m. – 5:00 p.m. at the Community Center Town Hall. Limited (and FREE) childcare is available. For more information or to register, please call (910) 396-8682/8683.

a. Employment Readiness Program - Cherry Thompson, (910) 396-1425/2390

E-Mail: thompsonc@bragg.army.mil

Web Site: <http://www.bragg.army.mil/mwr/COMMUNITY/empred.htm>

1) Upcoming Events.

a. Employment Orientation. September 7, 9:00 a.m. – 12:00 p.m. Community Center Town Hall.

b. Employment Readiness & Transition Services Project Orientation. September 10, 9:00 a. m. – 12:00 p.m. Community Center Town Hall.

c. Career Direction. September 14, 10:00 a.m. – 12:00 p.m. Installation Volunteer Services Conference Room-Wing F

d. Employment Tools. September 15, 10:00 a.m. – 12:00 p.m. Installation Volunteer Services Conference Room-Wing F

e. Face to Face, The Interview. September 16, 10:00 a.m. – 12:00 p.m. Installation Volunteer Services Conference Room-Wing F

f. Job Search Strategies. September 17, 10:00 a.m. – 11:00 a.m. Installation Volunteer Services Conference Room

2) The Cumberland County Transition Services Program. The Cumberland County Transition Services Program is available for eligible military spouses and civilian Department of Defense Employees.

The program assists military spouses and civilian Department of Defense employees of Fort Bragg and Pope Air Force Base, who have lost their jobs due to a military transfer or reduction in forces. This special program will provide re-employment services to 950 customers during the period beginning March 1, 2004 through February 2006.

Eligibility Criteria:

Military Spouses:

Must have been gainfully employed prior to transfer to the Cumberland County region; and must now be unemployed due to the military member's transfer.

Civilian Personnel:

Must have been laid off due to a reduction in force (RIF); and must be currently unemployed.

Displaced Homemaker

Must be an individual who has been providing unpaid services to family members in the home; and has been dependent on the income of a military family member, but is no longer supported by the income; and is unemployed or underemployed and experiencing difficulty in obtaining or upgrading employment.

Program Services:

Core and Intensive Services
Occupational Skill Training
On-The-Job Training
Tuition Assistance
Transportation Assistance
Child Care and Other Dependent Care
Resume Writing
Job Search and Referrals

Location:

The Spring Lake Family Resource Center
103 Laketree Blvd.
Spring Lake, NC 28390

Contacts:

Patrick S. Hurley, Director
Workforce Development Center
(910) 323-3421 Extension 121

Geneva Mixon, Project Coordinator
Workforce Development Center
(910) 321-6442

b. Exceptional Family Member Program – Trisha Thurston, (910) 396-2749

E-Mail: thurstonm@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS_exceptional.htm

1) STOMP. Specialized Training of Military Parents, a seminar regarding parental roles and advocacy for special needs children. September 1-2, 2004, from 8:00 a.m. – 4:30 p.m. in the Community Center Town Hall.

2) EFMP Coordinating Committee Meeting. Exceptional Family Member Program Coordinating Committee will meet on September 9 at 1:00 p.m. in the Community Center. The purpose of this meeting is to allow families with EFM's to address community issues with organization subject matter experts.

3) EFMP Support Group. The EFMP Support Group will be held on September 28 at 11:30 a.m. in the Community Center, wing A. This meeting allows families to share knowledge and experiences regarding issues they have experienced with their EFM.

c. Financial Readiness Program – Martha Brown, (910) 396-2507/8682

E-Mail: brownms@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS_financial_readiness_program.htm

1) Budget & Debt Management Training. Learn the principles of personal finance, planning and budgeting, banking and checking accounts, using credit wisely, insurance, saving and investing, large purchases, consumer scams and getting help, and much more. Training will be held in the Community Center Town Hall September 16, 1:30 p.m. – 4:30 p.m. **Spouses Welcome!** To register please call (910) 396-8682/8683.

2) Refresher Checkbook Class. Learn about the different types of checking accounts, the importance of having a checking account, writing a check, balancing your checkbook, avoiding non-sufficient funds, military and civilian consequences, and much more. This class will be held in the Family Advocacy Conference room at the Community Center on September 15, 9:30 a.m. – 11:30 a.m. **Spouses Welcome!** To register, please call (910) 396-8682/8683.

3) Personal Financial Management Training (PFMT). The PFMT class offers 8 lessons on sound money management: Principles of Personal Finance; Planning & Budgeting; Banking & Checking Accounts; Using Credit Wisely; Insurance; Savings & Investing; Large Purchases; and Consumer Scams. Classes will be held September 14

& 28, 8:00 a.m. – 5:00 in the Community Center Town Hall. **Spouses Welcome!** To register, please call (910) 396-8682/8683.

4) Savings and Investment Class. Learn about the importance saving, how to start investing and saving, different types of investments, information on mutual funds and IRA's, getting financial assistance and much more. September 21 from 8:00 a.m. to 12:00 p.m. in the Community Center Town Hall. Spouses Welcome! To register, please call (910) 396-8682/8683.

d. Family Advocacy and New Parent Support Programs – Henry Berry,
(910) 396-5521/4175
E-Mail: berryh@bragg.army.mil
Web Site: <http://www.bragg.army.mil/dv/>

1) Family Advocacy Program – Henry Berry, (910) 396-5521/4175
E-Mail: berryh@bragg.army.mil

*******All classes are held in the Family Advocacy Program (FAP)**
Conference Room at the Community Center, Building # 1-3774. *****

First Time Parenting. September 8, 8:30 a.m. – 10:00 a.m.

Parenting 1 – 4 Year Olds. September 16, 23, 30, 9:00 a.m. – 11:00 a.m.

Parenting 5 – 12 Year Olds. September 2, 9, 16, 11:30 a.m. – 1:30 p.m.

Parenting Teenagers. September 13, 20, 27, 9:00 a.m. – 11:30 a.m.

Effects of Violence on Children. September 10, 8:30 a.m. – 11:30 a.m.

Parents, Children & Divorce. September 21, 9:00 a.m. – 12:00 noon.

Participants must pick up a parenting booklet prior to class and must complete booklet prior to attending class.

Couples Communication Class. September 14, 9:00 a.m. – 4:00 p.m.

Anger Management. September 9 & 22 (pick one). 9:00 a.m. – 11:30 a.m.

Stress Management. September 8 & 28 (pick one). 1:00 p.m. – 3:00 p.m.

2) New Parent Support Program – Frances C. Gray (910) 396-7951
E-Mail: grayfrs@bragg.army.mil

a. Home Visitation. Our professional staff provides supportive and caring services to military families with children from birth to six years of age. They can talk about your concerns as a parent or parent-to-be, help you learn to cope with stress, isolation, post deployment reunions and the everyday demands of parenthood in the privacy of your home.

b. Playmorning. Interactive play group for parents and children; activities are structured. Free to military. Requirement: Child(ren) Immunization Record(s). Select Monday's from 10:00 a.m. – 11:30 a.m., at the Community Center Town Hall. Please call (910) 396-7951 for dates and registration information.

c. Infant Care & Parenting Class. September 21, 23, 28, 30. Series of four classes. 3:00 p.m. – 5:00 p.m. FAP Training Room.

e. Installation Volunteer Services – Cathy Mansfield, (910) 396-8160

E-Mail: mansfielca@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/VS/VS_Default.htm

a. Installation Volunteer Coordinator.

1) Town Hall Scheduling for Holiday Parties. The Town Hall has a very limited number of dates available for holiday parties. You may schedule **NO MORE THAN 60 DAYS OUT**. A cleaning deposit of \$100 is required for holiday parties which is refunded if the facility is left according to established standards. Reservations must be made in person and the deposit provided when the date is booked.

2) Database Update. Please keep us informed if you move from the address you reported when you registered as a volunteer. You can also update your hours at any time.

3) Volunteer Hours Submission. You may e-mail your volunteer hours each month. Send to: ivcoffice@bragg.army.mil. Please include your name, organization, dates and total number of hours for that month.

4) United Way Days of Caring. Show your support for the community by participating in this year's United Way Days of Caring. A food drive will be conducted at various locations around post and the local community with donations going to on post food lockers and community food banks. Any donations of non-perishable food items will be accepted beginning 27 August through 15 September. Locations are as follows:

- Army Community Service
- Tolson Youth Activities Center
- All Child Development Centers
- North and South Post Commissaries
- All Picerne Neighborhood Centers

VOLUNTEERS NEEDED on Wednesday, September 15 to assist with the collection of items from all locations and transporting them to the Second Harvest Food Bank in Fayetteville. The items will then be sorted and distributed to those who need it most. To sign up, call Cathy Mansfield at 396-8160. Individuals with large SUVs and/or pickup trucks will be needed to help.

5) Iron Mike Nominations. Nominations for July - September 2004 are due by close of business on Friday, October 1 – NO EXCEPTIONS! Please ensure that registration/hour documentation information is on file in the IVC office and that the paperwork is complete (i.e. proper signatures) **PRIOR** to submission. Because the award is a quarterly award, the nomination write-up **MUST** reflect contributions during the particular time period for the award (July - September).

6) Upcoming Volunteer Coordinator/Manager Training Opportunities. Please make note of the following training dates. Training is open to anyone wanting to attend. Child care is not provided.

a) Writing an Effective Award Nomination, will be offered on Thursday, September 23, 1000-1100 in the Community Center Town Hall immediately following the Information Update. Special emphasis will be on the Iron Mike Award and its requirements.

7) Volunteers Needed! The agencies listed below are currently looking for volunteers. More opportunities are listed on the website at www.bragg.army.mil/mwr/community/ACS. Click on Volunteer Services, and then on Volunteer Positions.

a) Airborne Attic Donation Assistant. Assist with collecting, sorting, and displaying donated items for distribution to soldiers and families who may need a little extra assistance. Hours are flexible. Contact Pat Long, ACS Relocation Readiness Program at 396-8683.

b) MWR Marketing Assistant. Assist with assembling 1,000 welcome packets for newcomers. Volunteer is needed approximately 8 hours on the last Friday of each month. Call Kari Hubmer at 396-1024 if you'd like to help.

8) Annual Holiday Hearts Program – Coming in October. The program assists E4 and below soldiers with holiday gifts for their children. Soldiers must have a verified financial need and be referred by their company commander or first sergeant. Detailed information and applications will be available at the September meeting.

Applications Accepted – October 11

Initial Deadline for Submission of Applications – November 1

Distribution of Names from ACS – November 1

Trees Moved to South Post Exchange (if needed) – November 26-28

Gift Turn-in Deadline – December 3
Gift Distribution – December 8-10

9) Military Family Month Activities – Coming in November. Get yourselves in gear for our annual Military Family Month activities to include Family of the Year nominations, the infamous Scavenger Hunt, and more! Details will be published at the September Information Update.

- Family of the Year Nominations Accepted – October 18 thru November 12
- Family Scavenger Hunt – begins November 1 thru November 24
- Family Volunteer Day – November 20 – projects selected specifically for family involvement
- MWR Facility Specials all month

2) Army Family Team Building— Sandi Farrington – (910) 396-AFTB (2382)
E-Mail: farringtonsa@bragg.army.mil
Web Site: <http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFTB.htm>

a. Classes. Upcoming AFTB classes:

Level I	September 9 & 30 (Thursday)	8:30 a.m. – 4:30 p.m.
Level II	September 16-18 (Thursday-Friday) (Saturday)	6:30 p.m. – 9:30 p.m. 8:30 a.m. – 4:30 p.m.
Level IV	September 20–22 (Monday-Wednesday)	8:30 a.m. – 2:30 p.m.
Level I	October 14 (Thursday)	8:30 a.m. – 4:30 p.m.
Level IV	October 21 – 23 (Thursday-Friday) (Saturday)	6:30 p.m. – 9:30 p.m. 8:30 a.m. – 4:30 p.m.

b. FUN, FUN, FUN. Classes are fun, free and open to everyone. They are held in the AFTB classroom located in the IVS office in the Community Center at the corner of Knox and Randolph Streets. **Limited childcare is offered on a first come, first serve basis. To register for classes and childcare, please call (910) 396-AFTB (2382) or (910) 396-7110 or e-mail us at aftb@bragg.army.mil.** Additional classes are added as needed.

3) Army Family Action Plan
E-Mail: nelsonbp@bragg.army.mil
Web Site: <http://www.bragg.army.mil/mwr/COMMUNITY/VS/AFAP/afap.htm>

1) Fresh Ideas Start Here - New Issues Are Now Being Accepted for the 2004 AFAP Conference scheduled for October 25-27. You can submit them using the hard copy issue sheet (available in the ACS, IVS office) or electronically through the website. Issues are completely anonymous when submitted on line unless you put contact information. Take this opportunity to make changes in your quality of life as a soldier, family member, retiree, DoD civilian, Reserve or National Guard. The web site is www.bragg.army.mil/mwr/community/ACS, click on Army Family Action Plan. Deadline for issue submission for the 2004 conference is September 30.

2) Conference Volunteers Needed. If you'd like to volunteer as a Workgroup Facilitator, Recorder, Issue Support, Transcriber, or other conference support, please contact Beth Nelson, AFAP Program Coordinator at 396-8160. Training and limited child care will be provided for all volunteers.

f. Mobilization and Deployment – Martha Brown, (910) 396-8682/8682

E-Mail: brownms@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS_frg.htm

1) Soldier and Family Reintegration Briefing. Briefing includes information on the reunion process, family advocacy, making healthy choices and budgeting for redeployment. Spouses and family members are encouraged to participate. Units and FRG's can also request reunion briefings that are most convenient to them. The briefings are held at the Community Center Town Hall every Wednesday from 1:00 p.m. – 2:15 p.m. Seating is limited. Please call Trent Stanfield at (910) 396-8683 for more information or to reserve a slot.

2) Family Member Newcomers Brief. Briefings about Army Community Service (ACS), Commissary, AAFES, Morale, Welfare and Recreation (MWR), and Red Cross...just to name a few, are held every Wednesday from 8:30 a.m. – 12:00 a.m. at Memorial Hall in the Soldier Support Center (Old Womack). A bus tour of Fort Bragg also included. For more information please call (910) 432-3742 or 396-8682.

3) 82nd Orientation. Meet at the Hall of Heroes at 7:45 a.m. to be taken to the Family Resource Center in Gavin Hall for briefing at 8:00 .a.m. the first Wednesday of every month. Briefings include ACS, AFTB, DEERS/ID, FTCC, Finance, JAG, Robinson Health Clinic, Chaplains, School Liaison. For more information please call Ellen Bowman at the 82d ACS office at (910) 432-7979. No registration is need.

4) Operation READY—Preparing for Deployment. Are you and your family ready for deployment? Topics will include the role of the FRG in deployment, emotional cycles of deployment, preparing children for deployment, what you need to know about finances, the casualty notification process, and resources available for soldiers and families during this time. Class is held in the Family Readiness Group Center (FRGC) at the Soldier Support Center (old Womack) every 2d Monday of the month from 5:30

p.m. – 8:30 p.m. Classes are free if registered by September 1. Limited childcare is available. To register, please call (910) 396-8683.

5) Heritage Village Van Tour. The bus departs from the Heritage Village Housing Area on every 3d Tuesday of the month at 8:30 a.m. and goes until 12:30 p.m. Tour goes to the Raeford Court House, Social Services, Fort Bragg, Womack Hospital, Tolson Youth Center, Pharmacy Pick-up, North/South Commissary & PX, SJA Office, Riding Stables, Cleland Ice Rink, Sports USA, Vehicle Registration, and Army Community Service. For more information or to register, please call Georgette McLaughlin at the ACS Heritage Village office at (910) 875-7454.

6) FRG Leader Training. *Are you running your FRG with the right tools?* The FRG Leader Training Workshop will cover topics such as:

- How to build an FRG or improve an existing one
- Key callers
- How to manage volunteers
- Fundraising and special event planning
- Improving communication networks
- Problem-solving and
- Idea sharing.

FRG Leaders, Advisors, and Volunteers as well as Commanders, 1SGs and other Unit FRG Liaisons are encouraged to attend as well as bring any resources to share with the group. Class will be held at the Town Hall, Community Center, on October 1 (moved from September 24) from 8:30 a.m. to 3:30 p.m. Class is free and childcare is available (**and free**) if registered by September 28. For more information or to register, please call (910) 396-8682/8683.

7) Waiting Spouse. Are you a waiting spouse whose sponsor has gone on an unaccompanied tour or who has been deployed for six months or longer? Do you have a desire to get out, have fun, and meeting new people? Then come and join us at our next “Waiting Spouse” meeting. This dynamic group of spouses met once a month to share their experiences while having fun and building camaraderie. The next meeting will be held September 15 at 10:00 a.m. at the Community Center. Child-care is FREE but is limited to first come, first serve. Field trips and crafts are in the planning. For more information or to register, please call Lynn Olavarria or Dave Stamper at (910) 396-8682/8683.

8) Newcomers Local Bus Tour. Get to know Fort Bragg and the Fayetteville Community. Learn NC driving tips, best routes around Fayetteville, local history, shopping tips, restaurant row, and much more. Tour begins and ends at the Community Center, Town Hall on September 14 from 8:00 a.m. to 1:00 p.m. Free childcare is available with a one week advanced notice. For more information, please call (910) 396-8682/8683.

9) De-Stress with ACS. Join other spouses and have fun learning some relaxation and exercise techniques through Tai Chi. Class is free and open to all. For information on FREE childcare call (910) 396-3936/4733. For more information or to sign up for class, call Laurie Taylor at (910) 432-5596.

g. Relocation Assistance Program – Pat Long, (910) 396-8682/8683

E-Mail: longpat@bragg.army.mil

Web Site: http://www.bragg.army.mil/mwr/COMMUNITY/ACS/ACS_relocation.htm

1) Airborne Attic is OPEN. What do you do with your household items, furniture, and clothing that are in good, usable condition? The ACS Airborne Attic is the perfect solution. Plus, it's tax deductible!!! The Airborne Attic is a free service available for soldiers E-4 and below and their immediate family members. E-5 and above will be allowed to use the Airborne Attic on an emergency basis with prior approval.

ACS will schedule pick-ups of large items or you may drop off your smaller items on the 1st Thursday of every month. Please contact Carmen London at ACS, at (910) 396-8682/8683, to schedule a pick-up or delivery or to find out what items are acceptable.

2) Primary Elections. Primary elections play an important role in the electoral process. The names that appear on the general election ballot on November 2 are the candidates that were chosen during the primary election process. A primary selects a candidate(s) that will represent the party in a general election. Voters who participate in these primaries can have a great impact on their outcome. Dates for state primaries are spread throughout the year. Check the Federal Voting Assistance Program website for dates in your state, www.fvap.gov or call (910) 396-VOTE (8683).

2. AAFES – Connie Gordon (910) 436-3535, ext. 112

E-Mail: gordonc@aafes.com

Web Site: www.aafes.com

a. Heritage Village Mobile PX. Opened Wednesday, August 18.

b. Fall/Winter 2004 Exchange Catalog. Now available at your Main Exchange.

c. Self Check Out Test. Coming Soon!

3. Army Career & Alumni Program – Lisa Smallwood, (910) 432-0842/0279

E-Mail: bragg82ndacap@resourceconsultants.com

Website: www.bragg.army.mil/acap

a. ARMY RETIREES. Army retirees and their family members are now authorized to use ACAP services for **LIFE**.

b. Deploying Soldiers. Deploying soldiers who are **ONE YEAR** from ETS at time of deployment are encouraged to contact the ACAP center prior to deployment in order to complete their DD 2648 (Preseparation Counseling Checklist).

c. Pre-separation Seminar. The **first** step in the ACAP process is to attend a Pre-separation Seminar. Please call the ACAP center for more information.

d. Social Security Administration. Do you need a new Social Security Card? A representative from the Social Security Administration will be at the Main ACAP Center taking applications once a month. Please bring two forms of Picture ID. Call the Main ACAP Center at (910) 396-2227 for current schedule.

e. Pre-Venture Orientation. Presented by the Small Business Technology Development Center – an introduction to starting your own business. Topics covered at the workshop include assessing yourself as a business owner, taxing, licensing, and permits. This workshop will be conducted the fourth Monday of every month at the Main ACAP Center from 2:00 p.m. – 4:00 p.m.

f. Employer Day. Most Fridays from 9:00 a.m. – 12:00 p.m. at the Main ACAP Center, local and national employers meet with individuals to discuss employment opportunities. No appointment is necessary; call either ACAP center for the latest schedule.

g. Senior Transition Workshop. Two-day Workshop designed to help *Senior* Transitioning Service Members (E-8/CW3/O4 and above). This Workshop is held once a month at the Main ACAP Center.

h. Family Members. Family members of transitioning service members are encouraged to use all ACAP services. Remember – the decision to leave the military affects the entire family.

i. AM-VETS Claims Workshop. This workshop, held Friday mornings at the Main ACAP Center, is designed to aid transitioning soldiers in both preparation and filing of medical disability claims with the Veterans Administration. You must stop by the ACAP Center to register.

j. Two-Day Job Search. This workshop is designed with All-Ranks in mind. Topics include resume writing, networking, interviewing and much more. The workshop is held weekly in the ACAP Classroom located in the basement of the SSC. Call either ACAP Center to register.

k. Annual Job Fair. Thursday, October 7 at the Fort Bragg Officer's Club. For more information, please call (910) 396-2227.

4. Armed Services YMCA – Lynne Grates, (910) 436-0500; Fax: (910) 436-0018
E-Mail: Lgratesasymca@earthlink.net;
Website: www.asymca.org

a. Quilt-A-Thon. On Saturday, September 11, 2004, the ASYMCA will be hosting the First Annual Quilt-A-Thon, from 10:00 a.m. to 4:00 p.m. at the Armed Services YMCA (Building 2-2411 Jackson Street). Please come join teams of quilters, artists, computer wizards, friends and supporters of our military for a fun day of creating joy for the children of America's Heroes. You can organize an Operation Kid Comfort Team to create photo-transfer quilts for children who are five years and under as they cope with deployment of a loved one or you can come alone and we'll put you on a team. We have great prizes for volunteers: airfare for two to anyplace in the continental US, weekend getaways, manicures, pedicures, etc. Call Peggy at (910) 436-0500 to register.

b. Baby Bundles. Our Baby Bundles program provides a layette for new mothers who are active duty, E-4 and below, and for the dependent spouse of an active duty soldier E-4 and below. We deliver 7 days a week and desperately need volunteers who are interested in dropping off bundles to the Mother/Baby Unit at Womack. The Bundles consist of a receiving blanket, sleeper, gown, socks, onsie, book, detergent, baby wipes, etc. We average about 100 bundles/month. Please contact Peggy at (910) 436-0500 if you're interested in helping out even once a month.

c. Before & After School Programs. The ASYMCA operates Before & After School Programs at Highland, Johnsonville and South Harnett Elementary Schools in Harnett County. Cost for Before School care is \$10/week from 6:00 a.m. – 8:30 a.m. and After School care is \$30/week from 2:30 p.m. – 6:30 p.m. To register your child call (910) 436-0500.

d. Sign Language Classes. The ASYMCA Sign Language classes are held on Wednesday evenings at 7:00 p.m. Beginners are welcome. For more information, contact Ms. Mason at (910) 436-0500.

e. Hula Classes. Hula classes are held every Thursday evening at 6:30 p.m. at the Junior Enlisted Family Center. For more information, contact Edilyn Freitas at (910) 436-2769.

f. Taekwondo. Classes are held at the Junior Enlisted Family Center on Monday and Friday from 6:00 p.m. – 7:00 p.m. Tuition is \$50/month, which enables students to also attend classes at Cliffdale Recreation Center at no extra charge. Call Ron Whitted at (910) 385-4653 for more information.

g. Bible Study. A Non-denominational Bible Study class is held every Tuesday evening at 7:00 p.m. at the Junior Enlisted Family Center. Gil Wise, Senior Pastor at Solid Rock United Methodist Church is the coordinator. For more information, please contact Gil at (910) 322-0100.

5. American Red Cross (ARC) – Wendy Dyer, (910) 396-1231

E-Mail: redcross@bragg.army.mil

Web Site: www.bragg.army.mil/redcross and www.redcross.org

a. Volunteer Orientation. Our next volunteer orientation will be **Monday, September 20 at 9:00 a.m.** in the basement of Womack Army Medical Center. The need for volunteers continues to be great and we encourage everyone with a desire to serve their community to become part of our volunteer team. We have a special need for **Emergency Service caseworkers** to assist soldiers and their families with emergency communications such as the initiation and delivery of messages regarding illness, death or birth. **Briefers** are also needed. We are also looking for leadership volunteers to head up or co-chair some of our volunteer programs.

b. Get to Know Us Before You Need Us. The Red Cross stands ready to speak at your unit FRG meetings, unit deployment briefings on our emergency communication services and how to access them and our volunteer services. Please contact Felecia D'Zamko at (910) 396-1231 to set these up. Be sure you and your unit members have the latest information on the Red Cross' vital services.

c. FUNDRAISER to help EVERYONE! The main office of the ARC on the corner of Macomb and Hamilton Street will be coordinating the *Annual Gift Wrapping Fundraiser* at both PX's again this year. We need for all of you that are interested to send us an email at redcross@bragg.army.mil or phone to provide us your contact information. We will be doing it a little differently this year and are very excited about the improvements.

d. Spencer's Layette Program. Spencer's and the Red Cross have partnered together to make **free layettes available for babies up to 12 months old**. The only requirement is that the spouse be deployed to Kuwait, Saudi Arabia, Afghanistan, Uzbekistan, Pakistan, Iraq or the Philippines during at least part of the pregnancy or at the time of the baby's birth. Call our WAMC office (910-907-7124) or our Station office (910-396-1231) to register.

e. Year-Round Youth Program. We are starting up our program and have some exciting things in the planning stages for 2004-2005. We are looking for youth interesting in *Making a Difference* in our community while having fun and learning a lot. It's great for college resumes and we have an organizational scholarship program for our volunteers.

f. Hurricane Relief Fund. ARC and Pope AFB ATWIND program have partnered to sponsor a hurricane relief drive. Three ATWIND game pieces will be given for each item donated. The following items are needed: batteries (all sizes), flashlights, freeze dried foods, supplies for infants, first aid supplies, manual can openers, battery powered radios, new blankets and drinking water. Donations will be accepted Monday-Friday from 9:00 a.m. hrs through 3:00 p.m. through August 31 at the local ARC office on corner of Macomb and Hamilton Streets.

6. Child and Youth Services (CYS) – Gudrun Blackmon, (910) 396-1270/5128

a. CYS Registration. Hours of operation for the Registration Office are 8:30 a.m. - 5:00 p.m., Monday, Tuesday, Thursday, Friday and 10:00 a.m. - 6:30 p.m., Wednesday. They are located in Room 23, H Wing, Community Center, corner of Knox and Randolph Streets. For information, please call (910) 396-8110/1278.

b. Fall Instructional Classes. Registration begins August 3 for Dance, Gymnastics/Tumbling, Karate, Judo, and Piano. Call the Registration Office for particulars. Effective August 1 fees will increase by \$2 per session per student.

c. Youth Sports. (910-396-9123)

(1) Fall and winter Ice Hockey. Registration begins August 10. Ages 5-14 are eligible. \$225 for CYS members; \$250 for non-DoD civilians. Equipment provided (excluding stick and skates.) Season schedule is from September 2004-February 2005.

(2) Soccer, Tackle Football, Flag Football, Cheerleading. Registration on-going. CYS membership required.

Fees: (1st child) Tackle Football, \$48; Flag Football, \$24; Soccer, \$24; Cheerleading, \$22. A multiple child reduction will be given to a family with multiple children (after the 1st) participating in the same team sport.

d. CYS STACC Play Group. (910-396-8110)

The activity is free and no reservations are required. It is conducted at the Tolson Youth Activities Center, 10:00 a.m. - 11:30 a.m., on the following dates:

September 10, 17, 24
October 1, 22
November 5, 19
December 3, 10, 17
January 7, 28, 11
February 25
March 4, 11, 18, 25
April 8, 15, 22, 29
May 13, 20

The Play Group welcomes military and DoD ID card holders with children ages 6 weeks-5 year olds. It is structured so that parents can meet other parents, share ideas, story telling, and circle time.

e. Home Alone Policy. (910-396-0124)

The Fort Bragg Home Alone policy (Master Policy No. 87) has been updated. The current publication date is April 20, 2004. The intent of the policy is to ensure the

safety of children residing on Fort Bragg by not leaving them unattended under circumstances involving potential or actual risk to the child's health or safety. Parents and child care givers are urged to familiarize themselves with the policy. Copies are available on the table with the other hand outs.

f. School Age Services (SAS). (910-396-2011)

(1) The SAS staff will conduct Parent Orientation to explain SAS policies and to answer questions. Patrons must attend orientation within 30 days of enrollment or services will be denied. Orientation for K-1st grade will be held at Rodriguez SAS; for 2-4th grade at Wonderful World for Kids at 5:30 p.m. on the following dates:

September 7, 14, 21, 28

October 5, 19

November 2, 16

December 7

(2) Registration is ongoing for Before & After School Care for students in K-4th grade. CYS membership is required. Fees are based on total annual household income. The program offers supervised recreational and developmentally appropriate activities. Transportation to and from Fort Bragg Schools as well as transportation to instructional and sports activities. Breakfast, lunch, and snack. Full day care for "school out" days.

g. CYS Parent Advisory Board. (910-396-5128) 6:30 p.m., September 21, Tolson Youth Activities Center. CYS parents are invited to attend and discuss program enhancement.

h. Army School Liaison Services. (910-432-1008)

(1) Parent Workshop (Advocating for your Transitioning Child.) 6:30 p.m. - 8:30 p.m., September 13, Tolson Youth Activities Center. The workshop is free and open to the public. Registration is required and ongoing until September 9. Free child care will be available with reservations. The workshop will focus on educational related advocacy and will give parents tools for parental involvement in schools and communicating with their child's teachers and school staff.

(2) A postsecondary trilogy of workshops and events are being offered to high school students at the Watters Center. The event is scheduled October 2 and is free and open to the public.

3:00 p.m. - 4:30 p.m. "Shopping for College." (Representatives from various colleges will serve on a panel and discuss the process of shopping for college.)

3:00 p.m. - 4:30 p.m. "Financial Aid Workshop." (A representative from the College Foundation of North Carolina will discuss methods of paying for college, financial aid, and the College Foundation of NC website.)

4:30 p.m. - 6:00 p.m. "College Fair."

(3) Youth Sponsorship Council Meeting. 4:00 p.m. – 5:00 p.m., October 13. Tolson Youth Activities Center. All youth sponsors are invited.

(4) Youth Sponsorship Training. 4:00 p.m. – 5:00 p.m., October 20. Tolson Youth Activities Center. Youth ages 8-18 who are interested in becoming a youth sponsor for incoming youth to Fort Bragg are invited.

i. Tolson Youth Activities Center. (910-396-5437)

September 4, 11, 18, 25	Awesome Saturday. 2:00 p.m. – 5:00 p.m. CYS members 5th-12th grade.
September 4	Technology Club. 2:00 p.m. – 3:00 p.m. CYS members 5th-12th grade.
September 4	Sewing Club. 4:00 p.m. – 5:00 p.m. CYS members 5th-12th grade.
September 7 & 21	Torch Club. 4:30 p.m. Middle School CYS Members.
September 7, 11, 21	Keystone Club. 6:00 p.m. Teens CYS Members.
September 8	Ultimate Journey. 6:30 p.m. - 7:30 p.m. CYS members 5th-12th grade.
September 10	Torch Blow Out. 6:30 p.m. - 7:30 p.m. CYS members 5th-6th grade.
September 11	Teen Lock-In. 9:00 p.m. – 9:00 a.m. Reservations required. \$10 CYS members; \$12 non- members. CYS members w/non-member guests may pay at Tolson YAC or the Registration Office. Non-CYS member must pay at the Registration Office.
September 11 & 25	Power Hour. 2:00 p.m. – 3:00 p.m. CYS members.
September 13	Photography Club. 6:30 p.m. - 7:30 p.m. CYS members 5th-12th grade.
September 15	Street Smart. 6:30 p.m. - 7:30 p.m. CYS members 5th-12th grade.
September 16	MWR-4-U. 6:30 p.m. - 8:30 p.m. CYS members.
September 16	Fitness Authority. 6:30 p.m. - 7:30 p.m. CYS members 5th-12th grade.
September 17	Club Roc Dance. 8:00 p.m. - 10:30 p.m. 5th & 6th graders. \$3 CYS members; \$4 non-members. Pay at the door.
September 18	Smart Girls. 4:00 p.m. – 5:00 p.m. CYS members 5th-12th grade.
September 22	Cooking Club. 6:30 p.m. - 7:30 p.m. CYS members 5th-12th grade.
September 22	Swoosh Club. 6:30 p.m. - 7:30 p.m. CYS members 5th-12th grade.
September 24	Smart Moves. 6:30 p.m. - 7:30 p.m. Teens. CYS members.

September 24 D Zone Dance. 8:00 p.m. - 10:30 p.m. \$3 CYS members; \$4 non-members. 8th-9th grade (7th grade optional.) Pay at the Door.

September 25 Art Club. 3:00 p.m. – 4:00 p.m. CYS members.

7. MWR Marketing – Suzanne Sullivan, (910) 396-1024

E-Mail: Sullivanss@brag.army.mil

Web Site: www.fortbraggmwr.com

a. Carolina Panthers Tickets Now on Sale! 10:00 a.m., Tickets and Tours in the Mini Mall. Tickets are \$65 for pre-season games and \$71 for regular season games. For more information, please call (910) 396-TRIP/TOUR (8747/8687).

b. BOSS Meeting. September 7 & 21, 10:00 a.m. BOSS building, corner of Knox and Macomb Streets. Single soldiers meet to discuss upcoming events. Meetings occur the first Tuesday of every month except for holidays. For more information, please call (910) 396-7751.

c. Unit Level Flag Football Program. September 8, 6:00 p.m., program runs through October 29. Games are held Monday-Thursday evenings. The program is open to active duty military personnel assigned or attached to Fort Bragg. To register, units must submit their team roster to local physical fitness center staff. Free. For more information, please call (910) 396-1217.

d. Adult Golf Clinics. September 11 & 25, 1:30 p.m. – 3:00 p.m., Ryder Golf Course. Cost is \$10 which includes unlimited range balls and professional instruction. There must be a minimum of five players and maximum of ten players per clinic. To register, call (910) 907-GOLF (4653).

e. Post Track and Field Meet. September 13-16, 6:00 p.m., Hedrick Stadium. The meet is open to all military/government ID card holders ages 18 and older and will involve both team and individual competition. Competitors must submit an entry form to the Sports Office, building 8-2105, Knox Street. The entry deadline is September 9. Free. For more information, please call (910) 396-1217.

f. MWR AUCTION. September 18, 10:00 a.m., Supply Warehouse. Electronics, furniture and antiques sold to the highest bidder. Open to the public. For more information, please call (910) 396-2802.

g. Adult Golf Clinics. September 18, 1:30 p.m. – 3:00 p.m., Stryker Golf Course. Cost is \$10 which includes unlimited range balls and professional instruction. There must be a minimum of five players and maximum of ten players per clinic. To register, call (910) 396-3980.

h. Battle to the Bone. September 18, 4:00 p.m., Sports USA. Buffalo wing eating contest. Registration begins at 2:00 p.m. Prizes and giveaways. Free. For more information, please call (910) 907-0739.

i. Bragg Invitational Boxing Competition. September 18, 6:30 p.m., Ritz-Epps PFC. The competition will feature amateur boxers from Fort Bragg and throughout the state of North Carolina. Doors open at 5:30 p.m. \$5 for ages 12 and older. For more information, please call (910) 396-1217.

j. Boxing PPV De La Hoya vs Hopkins. September 18, 9:00 p.m., Sports USA. For more information, please call (910) 907-0739.

k. 2004 Ryder Club Championship. September 24 & 25, 8:30 a.m. Saturday and 9:00 a.m. Sunday, Ryder Golf Course. There will be a closest to the pin and longest drive contest each day. Sunday's closest to the pin winner for both the men and women will receive a 2004 Titleist carry golf bag. Must have an established handicap or play with a zero handicap. Tournament entry fee is \$35 per player. Cart and green fees will be additional. Call (910) 907-GOLF (4653) for more information.

l. Home & Garden Extravaganza. September 24 & 25, 1:00 p.m. – 8:00 p.m. Friday and 10:00 a.m. – 4:00 p.m. Saturday. Lafayette room located in the Officers' Club. This event will help you find a new home, learn how to care for the interior and exterior of your existing home, and learn helpful hints on home improvements. Entrance fee is \$5 and receive a \$3 off coupon by visiting www.fortbraggmwr.com. Call (910) 396-CLUB (2582) for more information.

m. Fall Tennis Tournament. September 24-26, 5:30 p.m., Officers' Club Tennis Facility. The tournament is open to all military/government ID card holders ages 18 and older. Competitors must submit an entry form to the Sports Office, building 8-2105, Knox Street. The entry deadline is noon, September 22. Free. For more information, please call (910) 396-1217.

n. Latin Music. September 24, 6:00 p.m. – 10:00 p.m., Willie's Sports Bar at Officers' Club. Latin music night. \$5 cover charge for non-members. Call (910) 907-CLUB (2582).

o. Amateur Trapshooting Association Shoot. September 25, Fort Bragg Clay Target Center of East Manchester Road. For more information, please call (910) 436-9489.

p. Latin Concert, September 25, 9:00 p.m., Sports USA. Latin concert featuring Kevin Ceballa. For more information, call (910) 907-0739.

q. Right Arm Night. September 29, 4:00 p.m. – 9:00 p.m., Lafayette Room at the Officers' Club. Members are free and may bring four ineligible guests in free and non-

members \$5 per person. Karaoke, food and pay as you go bar will all be available throughout the evening. Call (910) 907-CLUB (2582) for more information.

r. McKellar's Lodge 910-907-LAKE (5253)

- Catering available at McKellar's lodge. Seven days a week hail and farewells, promotions, weddings, receptions, family reunions, birthday party's, and much more. We will meet or beat anyone's prices. Our dining room overlooks McKellar's Lake.
- Country Lunch Buffet 11:00 a.m. - 1:30 p.m., McKellar's Lodge. \$6.75 includes drink. The lodge is located on Gruber Road past Pike Field in a rustic country setting overlooking McKellar's Lake.
- Barbecue Wrap, Monday through Friday, 11:00 a.m. – 8:00 p.m., \$4.25.
- Attitude Adjustment , Tuesdays, 5:30 p.m. - 6:30 p.m., Free finger food.
- McKellar's Bar and Lounge open Tuesday through Friday, 4:00 p.m. – 9:00 p.m. Enjoy your favorite brew in a frosted mug and one of our delicious menu items after a hard day on the job.

s. NCO Club (910) 907-3300.

- Late night bingo, Monday and Friday nights, 10:00 p.m.
- Latin Flavor Lunch Buffet, Mondays, 11:00 a.m. - 1:30 p.m., Herb baked meatloaf, salsa baked chicken, tacos, enchiladas and more. \$6.95 including drink.
- A taste of Italy Buffet, Tuesdays, 11:00 a.m. – 1:30 p.m., Italian wedding soup, lasagna, Italian sausage and more. \$6.95 including drink.
- German Lunch Buffet, Wednesdays, 11:00 a.m. - 1:30 p.m., Pork schnitzel, brats, sauerkraut, German potato salad and more for \$6.95 including drink.
- Southern Style Lunch Buffet, Thursdays, 11:00 a.m. - 1:30 p.m., Southern fried chicken, sliced roast beef, BBQ pork ribs, and more for \$6.95 including drink.
- Catch of the Day Lunch Buffet, Fridays, 11:00 a.m. - 1:30 p.m., Baked Cajun fish fillet, southern fried fish fillet, popcorn shrimp, catfish, clam chowder and more for \$6.95 including drink.
- Sunday Night Groovin' 8:00 p.m. – 1:00 a.m., Continental Room. Jazz, blues, oldies and today's hottest hits, brought to you by DJ Midnight Express. Free for members, \$6 for non-members. Every Sunday night.

t. Officers' Club (910) 907-CLUB (2582).

- Lunch in the Cafeteria, Tuesday – Friday, 11:00 a.m. - 1:30 p.m.
- Unwind After 5, 5:00 p.m., every Wednesday & Friday. Karaoke, free food, and fun. Free for members, \$5 for non-members.
- German Food in the Dining Room, Thursdays, 5:30 p.m. - 8:30 p.m. Member rates are \$9.95 for adults and \$5 for children 6 - 11. Non-members rates are \$12.95 for adults and \$6.50 for children 6-11. Free for 5 and under. Open to the public.
- Champagne Brunch, Sundays, 10:00 a.m. – 2:00 p.m. Members \$8.95, non-members \$12.95. Children ages 6 -11 half-price, and 5 and under eat for free.

- First Fridays, September 3, 6:00 p.m. – 10:00 p.m., Willie’s in the Officers’ Club. Listen to rhythm & blues and jazz with DJ Capree. The first Friday of every month. Free for members, \$5 for non-members.

u. Sports USA (910) 907-0739.

- WWE Pay-Per-View, Mondays, 9:00 p.m.
- Pool Tournament, Tuesdays, 7:00 p.m.
- Family Night, Wednesdays, 5:30 p.m. – 8:00 p.m. Enjoy the family night pizza and pasta buffet, drink included. Adults \$4.95, children 6-10 \$2.95 and children 5 and under eat for a quarter.
- Variety Night, Thursdays, 9:00 p.m. No cover charge all night long. Enjoy dancing, contests and more.
- Bounce with DJ Showtime, Fridays, 9:00 p.m. Dance to the latest hip hop and top 40 hits with DJ Showtime. \$4 for military, \$6 for guests. Civilian males must be 21 years old or older and signed in by a military member.

v. Green Beret Club (910) 436-4056

- Daily lunch specials! Monday through Friday.
- Breakfast, Thursdays, 6:00 a.m.-10:00 a.m.

w. Airborne Lanes (910) 436-2618

- Nine-pin No Tap Tournament, Wednesdays, 7:30 p.m., Entry fee \$6.
- Xtreme Bowling, Friday & Saturday Night, 10:00 p.m. – 1:00 a.m., \$15 per hour, per lane.

8. Chaplains – Tim McHale, DRE, (910) 396-4157/6564 ext. 105

E-Mail: mchalets@bragg.army.mil

Web Site: www.bragg.army.mil/chaplain

a. Post-wide Protestant Sunday School. The Fort Bragg Post-wide Protestant Sunday School will resume on September 12. Classes for all ages will be held at Bowley Elementary School, near Knox & Randolph streets. Teachers are still needed for several grade levels. Please contact the REC for further details.

POC: Ms. Barbara Helton, Protestant REC (910) 396-4157 X 106

b. Catholic Religious Education. Registration is ongoing at the Watters Center for Catholic religious education classes. Catholic religious education classes for grades K–12 will resume September 26 at Bowley & Irwin Schools. Volunteers are needed in many grade areas. Experience helpful but not necessary. Please contact the REC for further details.

POC: Mrs. Melissa Valley, Catholic REC grades K-3 (910) 396-4157 X 102

POC: Mrs. Mary Carleton, Catholic REC grades 4-12 (910) 396-4157 X 103

c. Mabon. The Bragg / Pope Open Circle will be conducting its Mabon Service during the weekend of September 17-19. Please contact the DFGL for further details.

POC: Christine Ahrens, DFGL (910) 494-1102

d. Protestant Women of the Chapel. The Fort Bragg PWOC group meets at the Watters Center, Tuesdays, 9:00 a.m. – 11:30 a.m. Please contact the POC for further details.

POC: Dawn Galloway (910) 425-7691

e. Military Council of Catholic Women. The Fort Bragg MCCW group meets at the Watters Center, Thursdays, 9:00 a.m. – 11:30 a.m., and Tuesdays, 6:00 p.m. – 8:00 p.m. Please contact the POC for further details.

POC: Amy Chaffin (910) 487-1087

9. Enlisted Spouses Association – (910) 907-3934

E-Mail: enlistedspousesassociation@yahoo.com

a. Monthly Meetings. The Enlisted Spouses Association meets the first Thursday of each month, unless otherwise posted, at 6:30 p.m. at their clubhouse located at the Junior Enlisted Family Center in Building 2-2411 on Woodruff St.

b. Phone Number. If you have any questions, please call (910) 907-3934.

10. Defense Commissary Agency

Website: www.commissaries.com

North Fort Bragg Commissary, Gale Van Hull, (910) 396-2104

E-Mail: gale.van_hull@deca.mil

South Post Commissary, David Carey, (910) 436-2487

E-Mail: ccbtcs0@east.deca.mil

a. Fort Bragg North Post Commissary Information.

Tentative opening new store still scheduled for October.

b. Fort Bragg South Post Commissary Information.

1) Outside truckload sale September 3-4 – check the website for specific times and a listing of products.

2) To receive e-mails of special sales/events, send an e-mail to Phyllis.Black@deca.mil and get added to the “Buddy List”.

3) Holidays are fast approaching – remember to give the different departments at least 48 hours if you need to place special orders.

4) South post now has a Sushi Bar with a Sushi Chef on staff during store hours. Party trays are available.

c. **Website.** Commissary Website is: www.commissaries.com Click on locations, find the store and then browse through their website. Sale information is normally located in "Spotlighting"

11. Fort Bragg Area Community Foundation – Julie Huggins

Web Site: www.bragg.army.mil/fbacf

Phone: 24-hour answering machine (910) 583-1709

Address: P.O. Box 74620, Ft. Bragg, N.C. 28307-1709

a. **The Fort. Bragg Area Community Foundation MISSION.** The Fort Bragg Area Community Foundation was established to provide financial assistance to soldiers and their families in times of crisis. Soldiers must be assigned to a Ft. Bragg unit and the financial need cannot be as a result of their own actions. Assistance is also available for retirees living within a 50 mile radius of Ft. Bragg and for DOD civilians working on Ft. Bragg. All applicants must first see an AER counselor. The application and financial worksheet are available on-line at the address listed above. All applications are considered anonymously and with discretion.

The Foundation can be reached through a 24-hour answering service at (910) 583.1709. All calls will be returned within 24 hours.

12. Fort Bragg Area Officers' Spouses Club (OSC) – Kelly Ann Morrow –

(910) 483-9452

E-Mail: mulls68@aol.com

a. **Newcomer's/Hospitality BBQ.** The Fort Bragg Area Officer's Spouses' Club is hosting a BBQ for all members. It is a time for the new members to meet returning members and learn more about Ft. Bragg and the OSC. The BBQ is on September 10 on the Fort Bragg Officer's Club Patio, next to the pool. Children welcome.

b. **Yule Mart.** The Fort Bragg Area Officer's Spouses' Club is hosting their annual arts and crafts fair on October 29, 30, and 31, at Lee Fitness Center. The times for the event are: Friday and Saturday from 10:00 a.m. – 7:00 p.m. and on Sunday from 10:00 a.m. – 3:00 p.m.

c. **Yule Mart Exhibitor Request:** The Yule Mart committee is currently reviewing all applications for exhibitors in our 2004 show. Anyone interested in submitting a vendor application, can do so by contacting the Vendor Committee at YuleMart@aol.com.

d. **Yule Mart ~ Santa's Secret Shop.** The Yule Mart committee is accepting donations for Santa's Secret Shop. The committee is in need of gifts for parents, grandparents, teen and pets and wrapping paper. Keep in mind; costs for gifts are under \$5 when the

children buy them. Please NO TOYS. COSCOM does a fabulous job of donating all the toys for children to buy.

e. September Membership Meeting. “HOME STATE WELCOME” The Fort Bragg Area Officer’s Spouses’ Club Membership Meeting/Luncheon will be September 16, 10:30 a.m. - 11:00 a.m. social/shopping and 11:00 a.m. lunch begins at the Fort Bragg Officer’s Club – Lafayette Room. To make a reservation, please contact one of the following Reservation Representatives:

A-D	Debbie Gillum	(910) 323-4322
E-K	Melinda Hamilton	(910) 864-7510
L-Q	Donna Rock	(910) 826-4979
R-Z	Annette Velazquez	(910) 487-4567

f. Board of Directors Meeting. The Fort Bragg Area Officer’s Spouses’ Club Board of Directors will be meeting on September 2 at 9:30 a.m., at the OSC building.

13. Fort Bragg Schools – Terry Lawrence, (910) 436-5410 ext. 220
Website: www.bragg.odedodea.edu
E-Mail: terry.lawrence@ddess.org

a. School Calendar. Fort Bragg Schools yearly calendar is attached for SY 04-05.

b. Lunch Prices. Lunch prices have gone up a bit this year. Please see the website for more details on prices, menus and free and reduced priced lunch applications.

14. Fort Bragg Area Thrift Shop – Tara Seaman, 884-0364
E-Mail: smgtks@aol.com
Web Site: http://www.geocities.com/bragg_thrift_shop/

a. Bargains Galore! The Fort Bragg Thrift Shop is truly a hidden treasure of Fort Bragg. Located at the corner of Woodruff & Jackson Streets, Building 2-2412. (Woodruff is the street at the Cleland Ice Skating Rink stoplight.) It is stocked full of trinkets and treasures – and at fantastic prices! Open Tuesday-Wednesday-Thursday and the 1st & 3rd Saturday’s of each month from 9:00 a.m. – 1:00 p.m. If you have any questions, please call (910) 907-4053 during business hours.

b. Want to make a little pocket money? If you are a military ID cardholder 18 years or older or a DOD civilian, you can consign with us! Consignments accepted only on Tuesday-Wednesday-Thursday from 9:00 am – 12:00 pm. Active duty members may consign from 12:00 p.m. – 12:30 p.m. on these days. . Large furniture items and appliances may be consigned on Saturday only. Please call before bringing large items to ensure there is space.

c. Seeking Bookkeeper. Looking for a part-time, 1 day a week job? Know how to use the software program QuickBooks? Want something to do while the kids are in school? Then the Thrift Shop is looking for you! Call Tara at (910) 884-0364 for more information.

d. Volunteers Always Appreciated. The summer PCS has left us volunteer-people poor! We'd love it if you could volunteer to help us 1 day a month – or more! ☺ Volunteers start at 8:30 a.m. and end at 12:30 p.m., but we can be flexible and work within your schedule. Plus, we have special benefits/privileges that only our volunteers enjoy. Kids driving you a bit nuts? We can pay daycare for you when you volunteer! Call Tara at (910) 884-0364 if you are interested.

e. Donations. The Thrift Shop does accept donations. You may bring your items into the Consignment Room door during business hours OR you may leave them in the wooden shed in the front of the store. (Please do not place donations outside of the wooden shed as the ants/weather may ruin them.) And....THANK YOU SO MUCH FOR YOUR GENEROSITY!

15. Pines of Carolina Girl Scout Council, Area 33 – Meta Barham,
(910) 437-9900 ext 25
E-Mail: mbarham@pinesofcarolina.org
Web Site: www.pinesofcarolina.org

a. Make A Difference in the Life of a Girl!! Girl Scout Volunteers are needed! Do you enjoy working with girls? Do you want to make a difference in the community? Would you like to put your skills and experience to wonderful use? Well, you can...by becoming a Girl Scout Volunteer! Leaders, Assistant Leaders, Community Representatives, Event Directors and more are always needed. If you would like to find out how to become involved, please call Meta Barham at (910) 437-9900, extension 25.

b. Join the Fun...Join Girl Scouts!! We're gearing up for a new year of fun, excitement and friendship in Girl Scouts! Girls and their families are always invited to become active with our organization. Our Registration Kick-Off is August 28, from 11:00 a.m. until 1:00 p.m. at Irwin School. Join us for a fun-filled event and sign up for Girl Scouts, too! For more information, please contact Meta Barham at (910) 437-9900, extension 25.

16. North Carolina Military Widow & Widowers Informational Group –
Pamela Alkins, (910) 867-7027 or (910) 907-3045; Operation Hours 24/7
Building A-4926 (Old Division Area)
231 Lansdowne Rd, Fayetteville, NC 28314

a. Authorized Patrons/Patrons Served. Military widows, widowers, and dependent children with valid ID cards. This includes spouses and dependent children of deceased

active duty and retired military (all services), as well as families of terminally ill military members.

b. Service/Programs Provided.

1) Researching old documents and military records to verify a claim for both medical and monetary benefits for widows, widowers and dependent children.

2) Helping a family member secure affidavits to substantiate a claim for federal and/or state benefits.

3) Interceding with doctors, hospitals or clinics on behalf of a widow or child needing treatment.

4) Calling in prescription refill at a pharmacy, picking up the order, and delivering it to someone who may be too ill or unable to drive.

5) Driving someone to medical treatments or emergency room regardless of time of day or night.

6) Providing food from our own food closet for a family in need. Our food closet is open year round.

7) Providing "Friendship Baskets" delivering to a widow or widower unable to afford to purchase items such as toilet articles, cloth towels and good quality face cloths. This also includes health and beauty aids, writing materials, paper products, and stamps. The distribution of these packages is helped by the BOSS program on Fort Bragg.

8) Looking for mentors to help children with homework, career choices, or Scholarship monies.

c. We came across a widow that did not get a new ID card when her husband passed away. Also, she did not have the papers filled out to see if the Veterans Administration would have awarded her DIC (Dependants Indemnity Compensation). She had this paper in the file she was carrying around with her. We supplied transportation for her to get her medicine at WAMC. We also gave her food from our food locker and a friendship basket complete with toiletries. This widow is living on \$662.00 per month in government housing. I do not fault the SAO (Survival Assistance Officer) on this case. The veteran died in 2003.

d. Thanks.

82d Command and Support Spouses for a most generous gift. This comes at a time when we need it most.

Amy in 35th Signal. For the puzzles and beautiful toiletries. The toiletries smell wonderful.

17. 18th Soldier Support Group – Dee Warren, (910) 396-2020

E-Mail: warrend@bragg.army.mil

a. Installation Adjutant General. Nan Sanders

E-Mail: sandersnc@bragg.army.mil

Web Site: www.bragg.army.mil/18ssg/

b. ID Card Facility. The Installation ID Card Facility is located at the Soldier Support Center in Building 4-2843 on Normandy Drive. The mission of the facility is to provide identification cards for soldiers, retirees, and their family members.

1) Hours:

Monday	9:00 a.m. - 5:00 p.m.
Tuesday	9:00 a.m. - 5:00 p.m.
Wednesday	9:00 a.m. - 5:00 p.m.
Thursday	9:00 a.m. - 7:00 p.m. (extended hours)
Friday	9:00 a.m. - 5:00 p.m.
Saturday weekends)	9:00 a.m. – 12:00 p.m. (closed on Corps Training Holiday

2) Closings. The ID Card Facility is closed on all Corps Training and Federal Holidays.

3) Phone Numbers. (910) 396-2868
(910) 396-9339
(910) 396-8811

Customers should call before coming from out of town.

c. Installation Retirement Services Office - John Bell

E-mail: bellj1@bragg.army.mil

1) Location. The Installation Retirement Services Office (IRSO) is located in the Soldier Support Center, Building 4-2843, Normandy Drive in the Lower Level. The IRSO provides services to both active duty soldiers assigned to Fort Bragg and to Army retirees and their family members residing in North Carolina.

2) Services Provided. Services are provided on a walk-in, write-in or e-mail, or phone-in basis. Upon request, IRSO provides individual counseling on retirement rights, pay, Dual Compensation, Civil Service Reform Act, benefits and privileges.

3) Counseling. Special assistance is provided with preparations and submission to Military Board of Corrections cases. In conjunction with servicing legal office, counsels active and retired soldiers, spouses, and former spouses on the Uniformed Services Former Spouses Protection Act.

Counseling services are provided to widows of both active duty and retired soldiers.

4) Pre-Retirement Briefings. IRSO conducts pre-retirement briefings and administers the Survivor Benefit Plan at the installation level. Counseling services are provided to widows of both active duty and retired soldiers.

5) Hours.

Monday thru Friday 9:00 a.m. – 5:00 p.m.
Closed on all Corps Training and Federal Holidays

6) Phone.

(910) 396-5304/8591
(910) 396-3747-Fax

18. Womack Army Medical Center, Shannon Lynch, (910) 907-7247

E-Mail: Shannon.Lynch2@na.amedd.army.mil

Web Site: www.wamc.army.amedd.mil

a. Golf Tournament. The Heath Services Auxiliary (HSA) will be holding a golf tournament on Thursday, September 2nd at Stryker Golf Course. All proceeds will be donated to the Fisher House. The tournament is Captain's Choice and is \$40 per person. The tournament includes dinner and on course refreshments. For more information, call 910-907-6357 or Byron.Powell@na.amedd.army.mil. For more information about the Fort Bragg Fisher House, please visit our web site. Email the Fisher House at: fhwamc@aol.com.

b. Labor Day closings. Womack Army Medical Center's primary care and specialty care clinics will be closed on Friday, September 3 for a training holiday and on Monday, September 6 for Labor Day. The Acute Minor Illness Clinic (AMIC) will be open from 9:00 a.m. until midnight. To make an appointment in the Acute Minor Illness clinic, please call (910) 907-2778.

c. Blood Drive. Womack Army Medical Center (WAMC) is sponsoring a blood drive on Wednesday, September 8. The blood drive will run from 9:00 a.m. to 3:00 p.m. in the WAMC Quality Control Room #BG-0700 on the ground floor. To make an appointment, please call the Public Affairs Office at (910) 907-7247. For information on donating blood, please call the Fort Bragg Blood Donor Center at (910) 396-9925.

c. Orbit Comet. Fort Bragg will conduct an Orbit Comet Exercise will be the week of September 20. Traffic could be delayed during the week. Please allow plenty of time to access the installation for medical appointments. If you have questions, please contact your clinic. Clark Health Clinic, (910) 907-2575, Joel Health and Dental Clinic (910) 907-5635, Robinson Health Clinic, (910) 907-8282, Womack Family Practice Clinic, (910) 907-6451.

d. Healthcare Advice nurses. The Womack Army Medical Center (WAMC) and outlying primary health care clinics have implemented a revised system of providing 24-hour health care information to TRICARE Prime beneficiaries. Statistics have shown that in the last year, usage of the TRICARE 24/7 Health Care Information Line (HCIL) service by beneficiaries had been minimal. Therefore, alternatives to the HCIL have

been introduced and the HCIL service, itself, has been eliminated. Beneficiaries in the North Region (which includes the Fort Bragg community) may now obtain general health information by calling 910-907-NURS (910-907-6877). WAMC Advice Nurses are available daily, from 7:00 a.m.-7:00 p.m. through the 910-907-NURS telephone number, to help beneficiaries and their families make wise health care decisions. An answering service through the same telephone number is also available in the after hours between 7:00 p.m. to 7:00 a.m. The telephone service will direct a beneficiary to the appropriate health care provider. Primary Care Advice Nurses are also on hand at the Robinson, Clark and Joel Health Clinics during normal working hours.

Additionally, a 24-hour TRICARE-sponsored Audio Health Care Library is available by calling 1-877-TRICARE (1-877-874-2273). The Audio Health Care Library provides beneficiaries with information on hundreds of health related topics. Beneficiaries also have access to more health information via the Web sites, www.tricareonline.com or www.healthnetfederalservices.com. To attain general information or learn about family health care issues, beneficiaries may visit the TRICARE Service Center (TSC) at WAMC, weekdays between 7:30 a.m. – 4:30 p.m. In the event of an emergency, patients are always advised to call 911 or go to the nearest emergency care facility

19. Fort Bragg Fisher House. Since 1990, Fisher Houses have been serving military families during times of medical crisis. These comfort homes are built by the Fisher House Foundation, Inc., and given as gifts to the Military Services and the Veterans Administration.

Within walking distance of the hospital is a comfortable temporary home, filled with warm, caring people who help family members endure the stresses associated with a loved one's serious medical condition. Some of our most recent guests have been families of combat casualties (operation Iraqi Freedom).

Army Fisher Houses receive no appropriated funds from the government. The majority of our support is gained from volunteer groups, spouses' clubs, family support groups, and Civic/Military organizations. Donations can be made directly to the Ft. Bragg Fisher House at 12 Bassett St., Ft. Bragg, NC 28307 or donate through the Local Combined Federal Campaign to CFC #9006. E-mail: FHWAMC@aol.com

**FORT BRAGG FISHER HOUSE
12 BASSETT ST.
FT. BRAGG, NC 28307
910-432-1486**

<http://www.wamc.amedd.army.mil/fisherhouse/index.htm>
FHWAMC@aol.com

MONETARY DONATIONS (All checks should be written to the Ft. Bragg Fisher House) Receipt will be provided!

Towels, Hand Towels, Wash Clothes (any color)
Double Sheets, Twin Sheets, King Size Sheet, Pillowcases (any color)
Laundry Detergent, Clorox, Fabric Softener
Dish Towels, Pot Holders, etc.
Canned Meats and Soups
Tooth Brushes, Small Toothpaste, Small Mouthwash
Paper Goods (Plates, Cups, Towels, Toilet Paper)
Small Lotions
DVDs/ VCRs/ Movies
Sodas/ Bottled Water
Coffee & Coffee Supplies
TVs
Double Beds (to include Mattress & Box spring)
Stereo System for Living Area
Vacuum Cleaners (Could be portable for each room) (7 rooms)
Carpet Shampooer
Dishwasher

Thank you for your continued support of the Fisher House.

19. Cumberland County Schools – (910) 678-2302

E-Mail:

Web Site: <http://www.ccs.k12.nc.us/>

a. Cumberland County School. The Cumberland County School System is the 4th largest school system in the state and the 72nd in the nation, serving 50,760 students in 85 schools with 6,234 employees of whom 3,244 are teachers. On any given day, nearly 20% of our community's almost 300,000 residents are housed in our schools nearly half of their waking hours.

b. Mission. Our mission is simple: All schools will be safe and caring and student achievement will increase each year.

c. Student Assignment. Students are assigned to schools based on the parent or guardian's residence. We serve all 10th - 12th grade students who reside on post or base, and we accept 9th grade students who wish to attend our schools.

d. "Choice" Programs. Our school system is dedicated to serving the needs of children in our community. We offer a variety of "choice" programs that range from the Performing Arts to Engineering Technologies. These programs follow the North Carolina Standard Course of Study. We have 21 choice programs in our elementary schools. And, our choice options have expanded to the secondary level with 7 programs at the middle level and 11 high school academies that concentrate on career interests. Two classical high schools are also available with one offering the Year-Round calendar.

e. Principles. Throughout the Cumberland County Schools, we operate under two basic quality principles: customer focus and continuous improvement. We need to know the aims of our customers, of whom you are a part, so that we can tailor our educational programs to meet those needs. And, of course, we are constantly working to improve.

20. Fayetteville Technical Community College Basic Skills/HRD Programs

Linda Robotham, (910) 678-8483 or 678-8481

E-Mail: robothal@faytechcc.edu

a. Basic Skills and HRD. Fayetteville Technical Community College's Basic Skills and Human Resources Development (HRD) programs offer a number of different learning opportunities, each designed to provide quality educational services to eligible adults 18 years of age or older. Classes are offered at convenient times and locations throughout Cumberland County. There is no charge for any Basic Skills/HRD class. If you would like to expand your potential for success, or you know someone else who does, please consider the many programs being offered at FTCC.

1) Adult High School Diploma (AHS). The Adult High School Diploma Program is designed to give adults the opportunity to earn a high school diploma. The diploma is issued by FTCC and the Cumberland County Board of Education. Students are required to purchase their textbooks and pay a nominal graduation fee.

2) Other Programs Available:

- a.** English as a Second Language (ESL)
- b.** General Educational Development (GED)
- c.** Compensatory Education (CED)
- d.** Human Resources Development (HRD)
- e.** Basic Skills Resource Centers
- f.** Correspondence Courses.

b. Registration procedures. All students must register at the Assessment Center, Room 205 in the Continuing Education Building at Fayetteville Technical Community College. **Please call (910) 678-8483 or 678-8465 for more information.**

c. FTCC on TV. FTCC does a presentation every month, which airs on Cablevision Channel 7 on Wednesday nights, 7:30 p.m. The purpose of this show (hosted by Linda Robotham) is to inform the community about all of our programs, our personnel, and students who have benefited from attending this institution. It is also an invitation to all who can benefit from our programs to join us and improve their lives. The show is entitled ***EDUCATION AND YOU: See What FTCC can do for You.***

d. FTCC Campus in Spring Lake. A large, new state-of-the-art FTCC campus will be opening in Spring Lake very soon. It will be very convenient for people in Fort Bragg and Pope Air Force Base.

21. Fort Bragg Tax Center – CPT Matthew Scott, (910) 396-TAXX (8299)/1040

E-Mail: scottmc@bragg.army.mil

Web Site: www.bragg.army.mil/18abn/tax.htm

Tax Help Still Available! Because of the large number of deployed troops returning to Fort Bragg after April 15th, the Tax Center is pleased to announce that it will remain open to serve these soldiers, family members, and retirees. From April 21 through May 31, the Tax Center will provide FREE tax return preparation in the basement of Building 2-1133 on the corner of Macomb and Armistead St. Service will be provided on a walk-in basis. Hours of operation will be 9:00 a.m. – 4:30 p.m., Monday thru Friday and 1:00 p.m. – 2:30 p.m. on Wednesday. Please help us publicize this very important break from tradition and let your deployed soldiers know that the Tax Center is still here for them when they return!

22. September Smiles. When America went to war with Iraq, our first thought was of all of the soldiers, particularly those with young families. We, the women of September Smiles, prayed for them, but wanted to do more. You see, our husbands were killed on September 11th in the terrorist attacks on the World Trade Center and we then gave birth alone shortly after. We knew with this war there would be more tragic stories similar to ours - other young widows and widowers, many with children who would never know their fathers or mothers. After our husbands died, we were so blessed by the overwhelming support of our nation that we started September Smiles to honor our husbands, to pay kindness forward by helping others, and to show our gratitude for all the support we've received. **September Smiles, an entirely volunteer non-profit organization, offers a gift program to soldiers' wives who have become widowed as a result of the war with Iraq as well as children of those soldiers.** Unfortunately we have not been able to locate all of the families fatally impacted by the war to send them gifts and make them aware that we are a central resource for their families, offering practical guidance through the issues that arise out of an unexpected loss. We are writing to ask if you could help us get the word out about our organization. If you could please forward our contact information to widows of soldiers who died in Operation Iraqi Freedom or to the guardians of those soldiers' children, we would greatly appreciate it. At the very least, we would love to send them a gift in honor of their hero who has been killed. We hope that we can do more for them. ***More information can be found on our website at www.septembersmiles.com or you***

may contact Kim Statkevicius at (203) 866-3240 or by e-mail at SeptemberSmiles@att.net.