



Short Safety Subject

Short Safety Subjects are provided by the Public Safety Business Center, Fort Bragg, NC. Our intent is to provide safety topics for the purpose of increasing safety awareness and improving safety performance. Additional Short Safety Subjects are available on the PSBC Business Management Web Site at:

www.bragg.army.mil/psbc-bm/PubsAndForms/ShortSafetySubjects.htm

Destination: Safe Trip

With more traffic on the roads, the risk of accidents increases. There are several measures travelers can take to make their trips safe:

- Always wear a seatbelt.
- Put children in a car seat and in the back seat. Children that are too old for car seats should wear a seatbelt and ride in the back seat.
- Do not drink and drive.
- Observe the rules of the road. Don't do anything you wouldn't do while taking your driving test.
- Avoid stressful situations, and get plenty of rest. Never drive more than two hours without taking a break.
- Drive Defensively.
- Plan your trip.



Following these simple driving tips, and using a little common sense can keep you and your family safe.