



Short Safety Subject

Short Safety Subjects are provided by the Public Safety Business Center, Fort Bragg, NC. Our intent is to provide safety topics for the purpose of increasing safety awareness and improving safety performance. Additional Short Safety Subjects are available on the PSBC Business Management Web Site at:

www.bragg.army.mil/psbc-bm/PubsAndForms/ShortSafetySubjects.htm

Safety Guidelines

At Public Safety Business Center, we take safety seriously and ask you and your family to do the same. Take a moment to review the following safety tips; then make them a part of your daily routine. These icons provide an easy reminder of what you can do to be safe. Help us help you stay safe in Public Safety Business Center.



ALCOHOL

- Alcohol use is a factor in over 40% of all accidents.
- Do not operate any vehicle or machinery after drinking alcoholic beverages.
- Alcohol will not be consumed while on duty.



VEHICLES

- On an average, 200 soldiers die in traffic accidents each year, world wide. If you get killed in an accident it will probably be in a privately owned vehicle.
- State and local laws mandate the wearing of seat belts (lap and shoulder) while operating or riding in vehicles. Local directives may prohibit riding in the back of uncovered pick up trucks.
- Speed limits: Obey them, be especially careful around schools.
- Secure children under the age of 4 in a safety seat. (Never leave a child alone in a vehicle.)



MOTORCYCLES

- Riders must wear:
 - ✓ Motorcycle helmets with fastened chin strap and shatter-resistant eye protection.
 - ✓ Leather boots or shoes.
 - ✓ Gloves.
 - ✓ Long-legged pants.
 - ✓ Long-sleeved shirts or jacket.
 - ✓ A highly visible reflective vest.



SPORTS

- Follow rules and practice good sportsmanship.
- Use protective clothing and equipment



WEAPONS

- Register privately owned weapons in accordance with local directives.
- Store privately owned weapons in arms room or in family quarters.
- Keep weapons unloaded and the ammunition secured separately.



SWIMMING AND BOATING

- Swim only where a lifeguard is on duty.
- Wear a personal flotation device when boating.
- Do not operate a boat or swim while under the influence of drugs or alcohol.



JOGGERS/WALKERS/RUNNERS

- Wear brightly colored/reflective clothing.
- Do not wear headphones while jogging on the streets or roadways.



INLINE SKATING AND SKATEBOARDING

- Wear an approved helmet.
- Wear highly visible clothing and reflective gear during periods of limited visibility.
- Protective pads (i.e. knee and elbow) are encouraged.



FIRES

- Dial 911 to report any fires.
- Check smoke detectors monthly.
- Change batteries twice each year.



BICYCLES

- Wear highly visible, reflective clothing and an approved helmet.
- Bicycles should have a headlight visible 300 feet at night and reflectors (front and rear).
- Use special safety seats for children between 1 and 4 years old.