



Short Safety Subject

Short Safety Subjects are provided by the Public Safety Business Center, Fort Bragg, NC. Our intent is to provide safety topics for the purpose of increasing safety awareness and improving safety performance. Additional Short Safety Subjects are available on the PSBC Business Management Web Site at:

www.bragg.army.mil/psbc-bm/PubsAndForms/ShortSafetySubjects.htm

Car Safety

Don't Drink and Drive



More than four out of every ten traffic deaths involve alcohol. Even small amounts of alcohol affect your judgment, concentration, reaction time, and your ability to drive. If you drink, don't drive. If a friend or family member drinks, call them a cab or drive them home.

Slow Down - Follow the Speed Limits

Nearly one out of three crashes where someone dies is related to speeding. Speeding makes it hard to steer safely around curves or objects in the roadway.

Wear Your Safety Belt - **BUCKLE UP!**

Wear your lap and shoulder belt correctly, low and snug across the hips, and the shoulder belt across your chest, not in front of your neck or face. Do not put the shoulder belt under your arm or behind your back. If your car has air bags, make sure you wear both the lap and shoulder belt for the best protection. Move the seat back as far as possible from the air bag. Never place babies in the front seat of a car with a passenger-side air bag. Always keep babies in the back seat and facing the rear of the car. All children are safest in the back seat using the safety belt or in a child safety seat. Pregnant women should always wear the lap and shoulder belt, with the lap belt firmly placed under the belly and across the hips. By protecting Mom, the baby has the best chance of surviving a crash.

Buckle Up Every Trip, Every Time, And Every Body!